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## **WINGS TO FLY TAKES FLIGHT**

*-- Non-Profit Organization Announces Arizona Chapter --*

PHOENIX -- Wings to Fly, a non-profit organization that promotes life-long self esteem in young women, has launched an Arizona chapter.

Founded by Renie Cavallari, chief inspiration officer, CEO and founder of Aspire, Wings to Fly hosts week-long educational camps for young women. Through interactive, inspiring activities, girls develop a better understanding of who they are as young women in today's society.

"Our first year of camp, in Breckenridge, Colo., was beyond anything we could have imagined," said Cavallari. "We're expanding our presence nationally and seek community support to build a non-profit organization headquartered in Arizona that emphasizes self-worth and empowerment for young women allowing them to make responsible and healthy choices for their lives."

Wings to Fly is now planning for camps in Arizona to be hosted in 2009 for young women ages 10 to 17.

Intensive educational camps integrate inspiration, knowledge, research-proven resources and coaching into participants' daily activities, enabling the development of qualities that are essential for becoming the leaders of tomorrow.

The camp features parent or legal guardian participation to enable growth to continue in each young woman's daily life.

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**WINGS TO FLY**

"Follow-up telephone coaching sessions with parents and legal guardians who have seen remarkable changes in their daughters has been so rewarding," said Cavallari. "For these girls, their options for the future are abundant and they now truly have wings to fly."

Contributions to the non-profit organization are tax deductible. In addition, several fund raisers will be held throughout 2008 including an exclusive chef's table dining event Sept. 15 presented by "Iron Chef America" award-winner Beau MacMillan at Sanctuary on Camelback Mountain. For more information please visit [www.wingstofly.info](http://www.wingstofly.info), call 602-286-0313 or email directly to [info@wingstofly.info](mailto:info@wingstofly.info).